

# PROCLAMATION

*Presented by Supervisor Greg Cox*

## **HONORING ARTHRITIS FOUNDATION SAN DIEGO OFFICE**

*WHEREAS, health, safety and well-being of residents is of primary concern for the County of San Diego and on July 13, 2010, the San Diego County Board of Supervisors adopted the Live Well San Diego initiative to achieve the County's vision of safe, healthy and thriving communities; and*

*WHEREAS, the Arthritis Foundation was founded in 1948 and is the largest national, volunteer-driven nonprofit organization solely dedicated to the prevention, control and cure of arthritis; and*

*WHEREAS, arthritis is the leading cause of disability in the United States with an annual cost to the economy of over \$128 billion per year; and*

*WHEREAS, the Arthritis Foundation San Diego Office has been providing programs and services to the more than 412,000 adults and 6,000 children battling the daily pain of one or more of the 174 types of arthritis since 1963; and*

*WHEREAS, the Arthritis Foundation's "Walk With Ease" program is the only walking program identified as arthritis-appropriate and evidence-based by the Centers for Disease Control and Prevention and has been proven effective in increasing balance, reducing pain, improving mental health, flexibility and overall physical health; and*

*WHEREAS, the Arthritis Foundation San Diego Office has been a partner with Aging & Independence Services, serving with the Health Promotion committee; and promoting Evidence Based Healthier Living Workshops for their clients and caregivers; and*

*WHEREAS, the 2014 Jingle Bell Run/Walk will be held on Saturday, December 13<sup>th</sup> to raise funds to help find a cure for arthritis; and*

*WHEREAS, the County of San Diego is committed to recognizing and honoring those organizations that are dedicated to the best ideals of public service, and the Arthritis Foundation San Diego Chapter is one such worthy organization; **NOW THEREFORE,***

***BE IT PROCLAIMED** by Chairwoman Dianne Jacob and all members of the San Diego Board of Supervisors on this 13<sup>th</sup> day of December 2014, that they commend the **ARTHRITIS FOUNDATION SAN DIEGO OFFICE** for its outstanding service, leadership, and commitment to the health and wellness of county residents, and do hereby declare this day to be the **"ARTHRITIS FOUNDATION SAN DIEGO OFFICE LIVE WELL SAN DIEGO DAY"** throughout San Diego County.*