

## PROCLAMATION

Presented By Supervisor Greg Cox

## HONORING CASA FAMILIAR LIVE WELL SAN DIEGO DAY

WHEREAS, the health, safety and well-being of citizens is of primary concern for the County of San Diego and on July 13, 2010, the San Diego County Board of Supervisors adopted the "Live Well San Diego" initiative to achieve the County's vision for safe, healthy and thriving communities; and

WHEREAS, the "Live Well San Diego" initiative is about uniting all sectors—businesses, schools, military and veteran's organizations, community and faith-based organizations, and all levels of government—in order to bring about positive change; and

WHEREAS, Casa Familiar was originally founded in 1968 to serve Spanish-speaking residents in the community of San Ysidro and, over the years, its services and target population have expanded to include all of South San Diego's population; and

WHEREAS, Casa Familiar offers numerous programs spanning social services, community development, recreational services, technology, arts and culture and education; and

WHEREAS, creating a healthy community has become an important part of Casa Familiar's calling, its Familias Sanas Programs offers 22 free monthly fitness classes and walking clubs led by 10 promotores whose efforts and classes are offered throughout San Ysidro, including at Casa Familiar centers like Villa Nueva Social Services Center, Civic Center and Fitness Center as well as local parks and schools; and

WHEREAS, Casa Familiar's programs span all ages and abilities, including Senior Yoga classes, Zumba classes designed for clients with physical and developmental disabilities, and Universidad Para Padres, a 16 week parent program that focuses on civic leadership and parent engagement in their children's schools and education; and

WHEREAS, Casa Familiar's programs are year round, including Summer Camp for 50 local youth and high school volunteers that feature computer literacy, outdoor activities, a talent show and career exploration outings and field trips to the San Diego County Waterfront Park, SeaWorld and Old Town; and

WHEREAS, the County of San Diego is committed to recognizing and honoring organizations that support the creation of healthier, safer and more self-sufficient communities, and Casa Familiar is one such worthy organization; NOW THEREFORE,

**BE IT PROCLAIMED** by Chairwoman Dianne Jacob and all members of the San Diego County Board of Supervisors on this 22<sup>nd</sup> day of August 2014, that they commend and hereby recognize CASA FAMILIAR for its outstanding service, leadership, and commitment to the health, safety and wellness of its citizens, and do hereby declare this day to be "CASA FAMILIAR 'LIVE WELL SAN DIEGO' DAY" throughout San Diego County.

