

## Borrego Springs Unified School District Borrego Springs, CA 920024

## Resolution to Become a *Live Well San Diego* School District 1718-15

WHEREAS, it is known that poor nutrition, lack of exercise, tobacco use, and environmental degradation pose harmful health implications such as heart disease, type 2 diabetes, obesity, and respiratory ailments which account for significant portion of deaths in San Diego County; and

WHEREAS, on July 13, 2010, the San Diego County Board of Supervisors adopted *Live Well San Diego*, a long term vision serving as the blueprint for achieving healthy, safe, and thriving communities; and

WHEREAS, the Borrego Springs Unified School District has formed a Wellness Committee comprised of parents, staff, and community members to support the district in promoting health and wellness of its students and families; and

WHEREAS, the nutrition standards adopted by the district for all food and beverages available to students and staff, including foods and beverages provided through the districts food service program and student store meet or exceed state or federal nutrition service requirements; and

WHEREAS, the Nutrition Services Department provides a healthy afternoon snack for elementary and middle school students through the Afterschool Education and Safety (ASES) program; and

WHEREAS, the Borrego Springs Unified School District participates in Jump Rope for Heart and Hoops for Heart to support the American Heart Association; and

WHEREAS, the Borrego Springs Unified School District has initiated the American Heart Association CPR in Schools training for 12th graders in conjunction with the Borrego Springs Fire Department; and

WHEREAS, the Borrego Springs Unified School District has AED's located in the school offices and one in the high school gym, that includes training for school staff on how the AED operates; and

WHEREAS, the Borrego Springs Unified School District is committed to providing safe schools and communities at each one of our school sites through an annual update of our comprehensive School Safety Plan, which includes feedback from School Site Council and local law enforcement; and

WHEREAS, The Borrego Springs Unified School District has partnered with the UCSD Eye Mobile to have free eye screenings for all children attending the preschool and any new students in need, and then providing those students with glasses at no charge to the family; and

NOW, THEREFORE, BE IT RESOLVED, that the board of education of Borrego Springs Unified School District supports Building Better Health, Living Safely, and Thriving Strategies and joins *Live Well San Diego* vision.

PASSED AND ADOPTED by the board of education on February 14, 2018.

Board Président

Date