## BONSALL UNIFIED SCHOOL DISTRICT BOARD OF TRUSTEES RESOLUTION # 14-09-01(a)

## Resolution in Support of the County of San Diego LIVE WELL SAN DIEGO

WHEREAS, it is known that three behaviors – poor nutrition, lack of exercise and tobacco use – are the main causes of the four chronic illnesses: cardiovascular disease and stroke, cancer, Type 2 diabetes and respiratory conditions, which account for more than half of the deaths in San Diego County residents: and

WHEREAS, a shared policy approach to making communities safer, to ensure that we are traveling in the same direction, in a coordinated approach, toward the same vision; and

WHEREAS, the County of San Diego launched the Live Well San Diego Initiative to serve as a blueprint for achieving the vision of healthy, safe and thriving communities;

WHEREAS, on July 13, 2010 and October 9, 2012, the San Diego Board of Supervisors adopted the Building Better Health and Living Safely strategies, the first two components of Live Well San Diego encouraging all residents of the county to participate programs to build better heath and increase safety as individuals, families and communities; and

WHEREAS, the Bonsall Unified School District Board of Trustees recognizes the link between student, staff and faculty well-being and ongoing learning and is committed to providing a comprehensive environment that supports and promotes learning, wellness, healthy eating, nutrition education, physical education, and activity for our students, faculty and staff; and

WHEREAS, the Bonsall Unified School District provides services for 5 schools and nearly 2300 students from pre-school through high school, and

WHEREAS, the Bonsall Unified School District's programs and services range from district and school improvement to budget approval and monitoring and include helping ensure schools have the resources they need for the teaching, learning, and well-being of the next generation, and

WHEREAS, the Bonsall Unfied School District is supporting the health, physical education and wellness needs of students by promoting the use of  $21^{\rm st}$  century learning/assessment strategies in order for students to attain and maintain a healthy lifestyle by focusing on helping students develop cognitively, physically and emotionally, and

WHEREAS, the Bonsall Unified School District's Nutrition Services Department is promoting good nutrition and healthy eating habits by reducing fat, sugar and salt on the menu while increasing the availability and consumption of fresh fruits, vegetables and whole grains, and

WHEREAS, the Bonsall Unified School District and its partners, the Bonsall Education Foundation, the Parent Teacher Student Organization, Charter Council and Parent Advisory Groups, are adhering to the adopted District Health and Wellness Policy, and

WHEREAS, the Bonsall Unfiied School District has reduced its utility demands through the installation of three large photovoltaic arrays at Sullivan Middle, Bonsall Elementary, and Bonsall West Elementary, respectively, and

WHEREAS, the Bonsall Unified School District collaborates with public agencies and community groups to enhance and ensure student safety, and

WHEREAS, the Bonsall Unified School District recently approved the development of an updated Long Range Facilities Master Plan to assist with significant pending growth, and

WHEREAS, the Bonsall Unified School District is the second school district in San Diego County to receive approval for a Proposition 39 Energy Plan from the California Energy Commission, and

NOW, THEREFORE, be it resolved that through these many efforts, the Bonsall Unified School District Board of Trustees supports the adopted Building Better Health and Living strategies and joins in the County of San Diego *Live Well, San Diego!* Initiative.

PASSED AND ADOPTED, this 11th day of September, 2014 by the Board of Trustees of the Bonsall Unified School District by the following vote:

Lou Riddle, President

Richard Smith, Ed.D., Clerk

Timothy Coen, M.D., Member

Richard Olson, Member

Sylvia Tucker, Ed.D. Member