



BOARD RESOLUTION
Live Well San Diego Initiative
April 8, 2015

A regular meeting of the Neighborhood Healthcare Board of Directors was held on April 8, 2015, where a quorum of the Board was present, and the following is deliberated:

WHEREAS, on July 13, 2010 and October 9, 2012, the San Diego Board of Supervisors adopted the Building Better Health and Living Safely strategies, the first two components of Live Well San Diego encouraging all residents of the county to participate in programs to build better health and increase safety as individuals, families, and communities; and

WHEREAS, the concept of 3-4-50 is the centerpiece for Live Well San Diego, which shows that three behaviors - poor nutrition, lack of exercise and tobacco use contribute to four diseases: 1) cancer 2) heart disease and stroke 3) type 2 diabetes and 4) respiratory conditions, which account for more than 50 percent of deaths in San Diego County; and

WHEREAS, Neighborhood Healthcare supports the first component Building Better Health as exemplified by our recognition as a 'Patient Centered Medical Home; a distinguished accreditation granted through the National Committee for Quality Assurance; and

WHEREAS, Neighborhood Healthcare advocates for vulnerable populations by ensuring timely access to affordable primary medical care regardless of their ability to pay. To ensure a healthy community staff members outreach, educate and provide health coverage enrollment assistance to the community; and

WHEREAS, Neighborhood Healthcare provides a wide variety of programs and services including primary healthcare, dental services, chronic disease case management, prenatal services, behavioral health services, Teen Clinic, HIV prevention and case management, youth development, migrant services, and alcohol, tobacco and other drug prevention; and

WHEREAS, Neighborhood Healthcare actively promotes and supports *Live Well San Diego* programs and policies that encourage people to make positive choices and improve their lives in *Live Well San Diego* priority areas, including: physical activity, tobacco use/exposure prevention, injury and violence prevention, mental health and suicide prevention, nutrition, alcohol and drug abuse prevention, and emergency preparedness;

NOW, THEREFORE, be it resolved, that through these many efforts the Neighborhood Healthcare supports the County of San Diego *Live Well San Diego* Initiative and will serve as a collaborative partner.

PASSED AND ADOPTED this 8th day of April, 2015 by the Board of Directors of Neighborhood Healthcare.

Signature



Johnny Watson, President-Neighborhood Healthcare Board of Directors

Date April 8, 2015