

OCEANSIDE UNIFIED SCHOOL DISTRICT  
OCEANSIDE, CA 92058

ADOPTION OF RESOLUTION NO. 12 (15-16)  
TO JOIN LIVE WELL SAN DIEGO

**WHEREAS**, it is known that three behaviors—poor nutrition, lack of exercise, and tobacco use—are the main causes that lead to four chronic illnesses: cardiovascular disease and stroke, cancer, Type 2 diabetes, and respiratory conditions, which account for more than half of the deaths of San Diego County residents; and

**WHEREAS**, on July 13, 2010, the San Diego County Board of Supervisors adopted *Live Well San Diego*, a long term vision serving as the blueprint for achieving healthy, safe and thriving communities; and

**WHEREAS**, the Oceanside Unified School District recognizes the link between student health and learning, and is committed to providing a comprehensive learning environment that supports and promotes wellness, healthy eating, nutrition education, physical education and activity for district students; and

**WHEREAS**, the comprehensive Wellness program developed for the students of the Oceanside Unified School District is closely aligned with the County of San Diego’s *Live Well San Diego* vision; and

**WHEREAS**, the Oceanside Unified School District has formed a Wellness Committee comprised of parents, staff and community stakeholders to support the District in promoting the health and wellness of its students and families; and through their efforts many school sites have thriving school gardens providing for outdoor educational opportunities focusing on nutrition and at the same time providing fresh, organic produce for the District’s lunch program; and

**WHEREAS**, the District recognizes the connection of eating local, fresh, healthy and delicious Farm to School food to the health, wellbeing, and academic success of students as a core component of the Wellness program; and

**WHEREAS**, the Nutrition Services Department provides a healthy afternoon snack for elementary school students through the Afterschool Education and Safety (ASES) program, and a healthy supper for students at one elementary school through the Child and Adult Care Food (CACFP) program; and

**WHEREAS**, the Nutrition Services Department provides a summer food program called “Summer Feeding” through funding provided by the United States Department of Agriculture (USDA); and

**WHEREAS**, the Nutrition Services Department, through the development of a districtwide Wellness Policy, has committed to uphold a policy of no sodas, no trans fats, and at least 50 percent whole grains in 100 percent of grain products in foods provided to students from 30 minutes after the school day until midnight, limits the sale of a la carte items to encourage the consumption of full school breakfast and lunch options, and has ensured compliance through the development of the Wellness Committee; and

**WHEREAS**, the District has partnered with the City of Oceanside's Zero Waste program to implement a standardized lunchtime waste management protocol that has every student separating waste into recyclable materials and food scraps for onsite composting and thereby reducing lunchtime waste by 80%; and

**WHEREAS**, the District employs licensed vocational nurses (LVNs) to ensure all students' diverse health needs are met; and


**WHEREAS**, the District partners with Keenan, a provider of wellness consulting services for California school districts, to analyze employee health metrics, identify complimentary program components, communicate wellness options to employees and host wellness fairs.

**NOW, THEREFORE, BE IT RESOLVED**, that the Board of Education of the Oceanside Unified School District supports the Building Better Health, Living Safely, and Thriving Strategies and joins the *Live Well San Diego* vision.

**PASSED AND ADOPTED** by the Board of Education on October 27, 2015, by the following vote:

|          |          |
|----------|----------|
| AYES:    | <u>4</u> |
| NOES:    | <u>0</u> |
| ABSENT:  | <u>1</u> |
| ABSTAIN: | <u>0</u> |

I, Adrienne Hakes, Clerk of the Board of Education of the Oceanside Unified School District, do hereby certify that the foregoing is a full, true and correct copy of a resolution adopted by the vote stated, which resolution is on file in the office of the said Board.

  
Adrienne Hakes, Ed.D.  
Clerk of the Board of Education