

DECLARING BASTYR UNIVERSITY A LIVE WELL SAN DIEGO UNIVERSITY

WHEREAS, the health and well-being of citizens is of primary concern for the County of San Diego, and on July 13, 2010, the San Diego County Board of Supervisors adopted *Live Well San Diego* serving as the blueprint for achieving the county's vision of healthy, safe, and thriving communities; and

WHEREAS, the concept of 3-4-50 is the centerpiece for *Live Well San Diego*, which shows that three behaviors - poor nutrition, lack of exercise, and tobacco use contribute to four diseases: (1) cancer, (2) heart disease and stroke, (3) type 2 diabetes, and (4) respiratory conditions, which account for more than fifty percent of deaths in San Diego County; and

WHEREAS, Live Well San Diego is the common thread between the work of public and private entities, faith-based organizations, agencies, cities, businesses, community members, and other stakeholders toward a shared vision of healthier, safer, and more self-sufficient communities; and

WHEREAS, Bastyr University (BU) founded in 1978 is a non-profit educational institution that has grown to become the world's leading academic center for advancing knowledge in the natural health arts and sciences by integrating education, research and clinical services; and

WHEREAS, BU is committed to supporting the health and wellness of its students, staff, and faculty with a tobacco-free, safety-focused campus environment providing access to whole foods, nature, exercise, and health care services; and

WHEREAS, BU actively promotes the full participation and inclusion for students with disabilities in health and professional programs by promoting a greater understanding and awareness of inclusion, diversity, and accessibility issues; and

WHEREAS, BU is committed to preparing its students to work with and care for diverse communities that includes underserved populations in a variety of clinical and non-clinical settings; and

WHEREAS, BU fosters engagement with the greater community by offering nutritional cooking and healthy living classes, and by offering free health screenings at wellness events; and

WHEREAS, BU is committed to building bridges between primary health care and public health to sustain effective collaboration for improved population health; and

WHEREAS, BU wholeheartedly supports the Live Well San Diego vision and is committed to working with the County of San Diego and its partners in supporting healthy, safe, and thriving learning and health care delivery communities.

NOW, THEREFORE, BE IT RESOLVED that the Board of Trustees of Bastyr University declares Bastyr University is a *Live Well San Diego* University. The president is hereby authorized to execute documents and perform all acts necessary to carry out the intention of this resolution. This resolution will take effect immediately.

I hereby certify that the foregoing is a full, true and correct copy of a resolution duly passed and adopted by the Board of Trustees of Bastyr University at a meeting held on the January 18, 2018.

ADOPTED by vote of members of the Board of Trustees of Bastyr University constituting a quorum at a meeting held upon due notice on January 18, 2018, in Kenmore, Washington.

Attest

Tayloe Washburn, Board Chair

Gerald Hoffmeister, Board Secretary

Harlan Patterson, President