

www.goddessinmotioninstitute.com

Robin Bray (Nadirah R. Bray)

Founder of the Goddess in Motion Institute

County of San Diego

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It is the Goddess in Motion Institutes pleasure to endorse the County of San Diego's Live Well San Diego Vision. Our Board of Directors has committed to offer or organization's support in partnership. Our mission, vision, educational activities and programs at the Goddess In Motion Institute recognize the large vision that Live Well San Diego has for our diverse San Diego community. And we are on board in helping San Diego Live Well. We already have our dance/art programs in libraries, senior centers, women's centers, senior group fitness centers and at the boys and girls club. We just organized a National Senior Day Celebration and recognition at The Imperial Beach Senior Center and are looking forward to creating a senior dance where we help bridge the gap in age so that the seniors and seniors in high school can learn from each other and support each other. The seniors have so much wisdom and the senior are the new generation by connecting them we will grow stronger communities. We provide a safe space where people of all ages can increase their vitality and longevity. We provide a place where they can boost their confidence and their immune system. Increase their body awareness as well as improve their body image. Our programs promote empowerment, healing and transformation through dance and art and well as personal development in self and Business and not to mention Social and Media Education. Our whole health programs offer and create true social connection which is vital for the sustainment of an active and healthy community!

Our passion is to see people live their best whole health life, live their passions, and Live Well in San Diego.

We look forward to beautiful continued relationship with the County of San Diego. You can count on us to grow with you. We do believe that The Goddess in Motion Institute can and will contribute substantially to The Vision That Live Well San Diego Holds. It is our passion to provide transformational programs to all of our San Diego Community from the Small to Tall. Our programs are for everybody kids and teens, the in-betweens and our beloved seniors.

Respectfully,

Robin Bray AKA Nadirah R. Bray