

**SAN DIEGO COUNTY BOARD OF EDUCATION
Resolution #2014-24**

Resolution in Support of the County of San Diego

LIVE WELL SAN DIEGO

WHEREAS, it is known that three behaviors – poor nutrition, lack of exercise and tobacco use – are the main causes of the four chronic illnesses: cardiovascular disease and stroke, cancer, Type 2 diabetes and respiratory conditions, which account for more than half of the deaths in San Diego County residents; and

WHEREAS, a shared policy approach to making communities safer, to ensure that we are traveling in the same direction, in a coordinated approach, toward the same vision; and

WHEREAS, the County of San Diego launched the Live Well San Diego Initiative to serve as a blueprint for achieving the vision of healthy, safe and thriving communities;

WHEREAS, on July 13, 2010 and October 9, 2012, the San Diego Board of Supervisors adopted the Building Better Health and Living Safely strategies, the first two components of Live Well San Diego encouraging all residents of the county to participate programs to build better health and increase safety as individuals, families and communities; and

WHEREAS, the San Diego County Office of Education recognizes the link between student, staff and faculty well-being and ongoing learning and is committed to providing a comprehensive environment that supports and promotes learning, wellness, healthy eating, nutrition education, physical education, and activity for our students, faculty and staff; and

WHEREAS, the San Diego County Office of Education provides services for 42 school districts, 769 schools and nearly 500,000 students from preschool through high school; and

WHEREAS, the San Diego County Office of Education's programs and services range from district and school improvement to budget approval and monitoring and include helping ensure schools have the resources they need for the teaching, learning and well-being of the next generation; and

WHEREAS, county office programs, including Juvenile Court and Community Schools, serve to prepare students for college, career and citizenship so our region will continue to thrive; and

WHEREAS, supporting the health, physical education and wellness needs of San Diego County schools by promoting the use of 21st century learning/assessment strategies in order for students to attain and maintain a healthy lifestyle by focusing on helping students develop cognitively, physically and emotionally; and

WHEREAS, the San Diego County Office of Education's digital literacy programs help teachers gain not only the skills to effectively facilitate online courses, but also to enhance learning opportunities for all students, making it easier for students to learn and thrive anywhere; and

WHEREAS, the Outdoor Education program connects students to the science and nature through 6th Grade Camp at Camp Cuyamaca serving approximately 12,000 students each year and encouraging students to be outdoors and be active; and

WHEREAS, through the Total Wellness at Work program, San Diego County Office of Education employees have access to community health resources, on-site health educational opportunities, exercise classes, healthy cooking classes and wellness behavior workshops; and

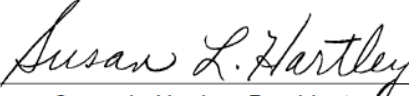
WHEREAS, the San Diego County Office of Education Risk Management Unit provides a number of programs so that each member district's employees are safe and have access to professional programs to resolve personal and job-related problems; and


WHEREAS, as a district and community partner, the San Diego County Office of Education has implemented effective emergency preparedness programs to help ensure community resiliency during disaster situations;

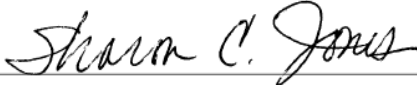
NOW THEREFORE, it be resolved, that trough theses many efforts, the San Diego County Board of Education supports the Building Better Health and Living Safely strategies and joins the Live Well San Diego Initiative.

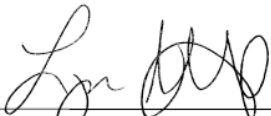
PASSED AND ADOPTED this 11th day of June, 2014, at the regular meeting of the San Diego County Board of Education.

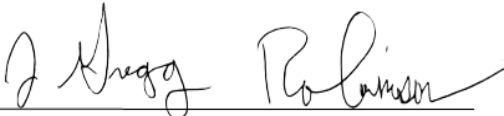
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