

PROCLAMATION

Presented by Chairwoman Dianne Jacob

HONORING SAN DIEGO SEINOR GAMES ASSOCIATION

WHEREAS, the health, safety and well-being of citizens is of primary concern for the County of San Diego and on July 13, 2010, the San Diego County Board of Supervisors adopted Live Well San Diego, the County's vision of Building Better Health, Living Safely, and Thriving; and

WHEREAS, the Live Well San Diego vision is about uniting all sectors—business, schools, military and veteran's organizations, community- and faith-based organizations, and all levels of government—in order to bring about positive change; and

WHEREAS, in 1988, the San Diego Senior Games Association, formerly San Diego Senior Olympics, was established to encourage senior adults to carry on vigorous lives by developing and maintaining high levels of physical activity and mental fitness through regular participation in sports and educational activities; and

WHEREAS, the San Diego Senior Games Association encourages the physical well-being of its members through participation in Olympic style activities, the Live Well San Diego 5K, the Annual Alzheimer's San Diego Walk, and monthly luncheons where speakers present on topics relevant to older adults; and

WHEREAS, the San Diego Senior Games Association provides older adults with opportunities for social interaction and friendship in addition to the camaraderie that can come from participation in team sports; and

WHEREAS, the San Diego Senior Games Association promotes civic engagement, which contributes to a sense of purpose and meaning, by providing volunteer opportunities for their members; and

WHEREAS, by becoming a Live Well San Diego partner, the San Diego Senior Games Association will join a network of like-minded organizations dedicated to enhancing quality of life for members of the community and seniors throughout San Diego County; and

WHEREAS, the San Diego Senior Games Association is committed to continuing to advance Live Well San Diego into the future, and is embracing the strategies of this vision; and

***BE IT PROCLAIMED** by Chairwoman Dianne Jacob and all members of the San Diego County Board of Supervisors on this 2nd day of June 2017 that they commend the San Diego Senior Games Association for its outstanding service, leadership, and commitment to the health and wellness of county residents, and do hereby declare this day to be the **"SAN DIEGO SENIOR GAMES ASSOCIATION LIVE WELL SAN DIEGO DAY"** throughout San Diego County.*