

PROCLAMATION

Presented by Vice-Chairwoman Kristin Gaspar

HONORING SKINNY GENE PROJECT

WHEREAS, the health, safety and well-being of residents is of primary concern for the County of San Diego and on July 13, 2010, the San Diego County Board of Supervisors adopted the Live Well San Diego initiative to achieve the County's vision of safe, healthy and thriving communities; and

WHEREAS, Live Well San Diego is the common thread between the work of public and private entities, faith-based and community-based organizations, cities, business community members, and other stakeholders toward a shared vision of healthier, safe, and more self-sufficient communities; and

WHEREAS, Skinny Gene Project has shared the values and vision for creating a healthy, safe and thriving society for all citizens in San Diego County; and has a mission to launch community-based programs that educate at-risk groups about the importance of preventing diabetes, empower them by providing evidence-based lifestyle change programs, and teach them how to prevent or delay the progression of prediabetes into type 2 diabetes; and

WHEREAS, Skinny Gene Project, established in 2009, was one of the first organizations in San Diego County to join the National Diabetes Prevention Program (DPP) and has partnered with Be There San Diego, the Chula Vista Community Collaborative, Champions for Health, Vista Community Clinic, and The San Diego American Indian Health Clinic to educate and empower others to prevent Type 2 diabetes; and

WHEREAS, Skinny Gene Project has partnered with technology groups such as Sidekick Health, for use of a mobile health app that encourages participants to track nutrition and physical activity in order to mindfully manage their health, while challenging participants to engage in a minimum of 150 minutes of physical exercise each week; and


WHEREAS, Skinny Gene Project staff have contributed to diabetes prevention efforts through their involvement in the CDC-funded Prevention Initiative, DPP Workgroup, and have partnered with the County of San Diego Health and Human Services Agency to attain the goal of launching and scaling up the DPP throughout San Diego County; and

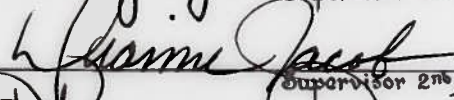
WHEREAS, Skinny Gene Project is committed to continuing to advance Live Well San Diego into the future, promoting and participating in the annual Live Well San Diego 5K; and providing guidance on ensuring that the diabetes prevention program reaches priority, high-risk populations; and

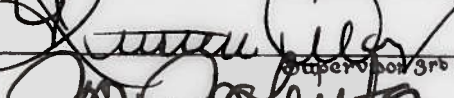
WHEREAS, the County of San Diego is committed to recognizing and honoring those organizations that support healthier, safer and more thriving communities, and Skinny Gene Project is one such organization; **NOW THEREFORE**,


BE IT PROCLAIMED by Chairwoman Dianne Jacob and all members of the San Diego Board of Supervisors on this 7th day of October 2017 that they commend **SKINNY GENE PROJECT** for its outstanding service, leadership, and commitment to the health and wellness of county residents, and do hereby declare this day to be "**SKINNY GENE PROJECT LIVE WELL SAN DIEGO DAY**" throughout San Diego County.





Supervisor 1st District


Supervisor 2nd District


Supervisor 3rd District


Supervisor 4th District


Supervisor 5th District