



**CORPORATE RESOLUTION
OF
LA MAESTRA FAMILY CLINIC, INC.**

A meeting of the Board of Directors of La Maestra Family Clinic dba La Maestra Community Health Centers was held at the organization's office on the 8th day of April 2016. The following resolution was offered, seconded and unanimously adopted.

WHEREAS, it is known that poor nutrition, lack of exercise and tobacco use lead to cancer, heart disease, type 2 diabetes and lung disease which result in more than 50 percent of all deaths in the San Diego region; and

WHEREAS, both the community's perception of overall safety in the San Diego region, as well as the actual incidence of crime, injury and abuse, can impact community health and wellbeing; and

WHEREAS, Live Well San Diego is an initiative of the County of San Diego to improve health, safety and wellbeing for all residents and represents a shared vision that can only be accomplished through collaboration with partners in every sector; and

WHEREAS, the mission of La Maestra Community Health Centers is to provide quality health care and education; to improve the overall wellbeing of the family; bringing the under-served, ethnically diverse communities into the mainstream of our society through a caring, effective, culturally and linguistically competent manner, respecting the dignity of all patients; and

WHEREAS, La Maestra Community Health Centers is an award-winning Federally Qualified Health Center serving San Diego since 1990, and is recognized as a Level 3 Patient Centered Medical Home, a distinguished accreditation granted through the National Committee for Quality Assurance; and

WHEREAS, La Maestra Community Health Centers provides a wide variety of programs and services throughout San Diego County including primary and specialty medical, dental and behavioral healthcare; chronic disease case prevention and management; and prenatal services; and

WHEREAS, La Maestra Community Health Centers' award-winning Circle of Care™ model reduces barriers faced by San Diego residents to achieving health and wellbeing, with case management and enabling services including transportation, interpreting services, eligibility assistance, and culturally sensitive health education and outreach services; and

WHEREAS, La Maestra's Circle of Care™ also provides programs and services that empower residents, including its Healthy Choices Food Pantry and community gardens; job readiness training and placement; financial literacy education; microfinance and social enterprise programs; access to healthy, safe and supportive housing; legal advocacy and social services; arts and culture; and programs for youth and older adults; and

WHEREAS, La Maestra Community Health Centers continues its commitment to helping immigrants and refugees; homeless and those in recovery from substance abuse; victims of war, torture, violent crime, trafficking, and family violence, and others to build the tools to thrive, while helping them to heal; and



LA MAESTRA COMMUNITY HEALTH CENTERS

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WHEREAS, La Maestra Community Health Centers is committed to the safety of San Diego residents, as shown by its participation in county and statewide emergency preparedness trainings and drills, and rapid response in offering resources in times of natural disasters and other emergencies; and

WHEREAS, La Maestra Community Health Centers actively builds and sustains partnerships that promote community health and wellness as demonstrated by its twenty-six year collaborative track record and by participation in various Regional Leadership Teams for Live Well San Diego; and

WHEREAS, La Maestra Community Health Centers actively promotes and supports Live Well San Diego programs and policies that encourage people to make positive choices and improve their lives in Live Well San Diego priority areas, including: physical activity, tobacco use/exposure prevention, injury and violence prevention, mental health and suicide prevention, nutrition, alcohol and drug abuse prevention, and emergency preparedness;

NOW, THEREFORE, be it resolved, that through these many efforts the La Maestra Community Health Centers supports the County of San Diego Live Well San Diego Initiative and will serve as a collaborative partner.

PASSED AND ADOPTED this 8th day of April, 2016 by the Board of Directors of La Maestra Family Clinic, Inc. dba La Maestra Community Health Centers

Samuel Mireles, Chairman of the Board
La Maestra Family Clinic, Inc.

Alexei Ochola, Secretary of the Board
La Maestra Family Clinic, Inc.