

County of San Diego California

PROCLAMATION

Presented by Chairwoman Dianne Jacob

HONORING MEALS ON WHEELS SAN DIEGO COUNTY LIVE WELL SAN DIEGO PARTNER

WHEREAS, the health, safety and well-being of residents is of primary concern for the County of San Diego and on July 13, 2010 the San Diego County Board of Supervisors adopted the Live Well San Diego vision to achieve the County's vision of safe, healthy and thriving communities; and

WHEREAS, the Live Well San Diego vision is about uniting all sectors—business, schools, military and veteran's organizations, community- and faith-based organizations, and all levels of government—in order to bring about positive change; and

WHEREAS, since 1960, Meals on Wheels San Diego County (MOW) has been providing nutritious meals specifically designed to meet dietary considerations and needs for home bound seniors; and

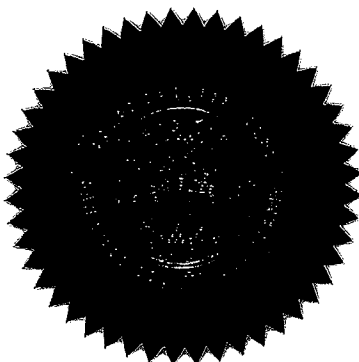
WHEREAS, MOW is committed to the safety of homebound seniors and has trained their volunteers to recognize signs of domestic violence and elder abuse and report concerns to the Adult Protective Services Reporting line and they partner with the Office of Emergency Services, American Red Cross and Burn Institute to provide information on disaster preparedness and home safety; and

WHEREAS, in recognition of the risk of loneliness of the clients they serve, MOW volunteers deliver meals six days per week, providing oftentimes the only social contact their clients may have in a given day, thereby reducing the risk of isolation and depression; and

WHEREAS, MOW's concern about food insecurity issues has led them to become a member of the San Diego Food Systems Alliance and North County Food Policy Council, two groups concerned with responsible food production and donation of excess consumables to charity organizations; and

WHEREAS, MOW, in partnership with health care providers and Aging & Independence Services, distributes information about free and low cost fitness and fall prevention activities in the areas their clients live as well as information on improving overall health and reducing risk factors that lead to chronic disease; NOW THEREFORE,

BE IT PROCLAIMED by Chairwoman Dianne Jacob all members of the San Diego Board of Supervisors on this 16th day of February 2017 that they commend **MEALS ON WHEELS SAN DIEGO COUNTY** for its outstanding service, leadership, and commitment to the health and wellness of county residents, and do hereby declare this day to be the "**MEALS ON WHEELS SAN DIEGO COUNTY LIVE WELL SAN DIEGO DAY**" throughout San Diego County.



Gregory R. Cox
Supervisor 1st District

Dianne Jacob
Supervisor 2nd District

James C. Jones
Supervisor 3rd District

Tom Peltier
Supervisor 4th District

Bill Jones
Supervisor 5th District