

**North County Lifeline
Board Resolution**

Live Well, San Diego! Initiative
March 17, 2014

WHEREAS, the mission of North County Lifeline is to build self-reliance among youth, individuals and families through problem solving, skill-building and accessible community-based services. The Board of Directors of North County Lifeline guides the organization in identifying and responding to the social and wellness needs of North County communities through high quality services, education, and collaboration; and

WHEREAS, North County Lifeline recognizes that its delinquency prevention, mental health, case-management, employment, and mediation services are closely aligned with the County of San Diego's *Live Well, San Diego!* Initiative encouraging healthy and sustainable lifestyles for the communities North County Lifeline serves; and

WHEREAS, North County Lifeline provides comprehensive services to children and their families struggling with a broad spectrum of mental illness; and

WHEREAS, North County Lifeline assures hundreds of North County residents each year are enrolled in health insurance through Covered California, Medi-Cal, CalFresh, and other programs that will ensure their health and wellness as they strive for self-reliance; and

WHEREAS, North County Lifeline's leadership understands the vital role that collaboration and partnership - among all the constituencies and service sectors in North County - play in building a healthy, safe, and economically thriving region, and therefore commit organizational resources to the building of networks of support to benefit those that are underserved and disadvantaged in the community; and

WHEREAS, North County Lifeline supports its one-hundred employees with a comprehensive Workplace Wellness and Safety program, including 100% coverage of each employee in health benefits, alternative and preventative health practices such as chiropractic and acupuncture, discounted gym memberships and free yoga and Zumba classes, a non-smoking environment, and EAP services; and

WHEREAS, North County Lifeline promotes the de-stigmatization of mental illness, the incidence of suicide prevention, and supports caregivers of special education students through school-based and community-based collaboration; and

NOW, THEREFORE, be it resolved that through these programs North County Lifeline supports the County of San Diego *Live Well, San Diego!* Initiative and joins as a partner organization on the path to improve health and wellness in the region.

PASSED AND ADOPTED, this 17th day of March 2014 by the Board of Directors of North County Lifeline by the following vote:

AYES: 13 NOES: 0 ABSENT: 0 ABSTAINING: 0

DATED: March 17, 2014

BY: James S. Hagan

ATTESTED: 