



PROCLAMATION

Presented by Chairwoman Dianne Jacob

HONORING RECOVERY INTERNATIONAL

WHEREAS, the health, safety and well-being of residents is of primary concern for the County of San Diego and on July 13, 2010, the San Diego County Board of Supervisors adopted Live Well San Diego to achieve the County's vision of safe, healthy and thriving communities; and

WHEREAS, the Live Well San Diego vision is about uniting all sectors—business, schools, military and veterans' organizations, community- and faith-based organizations, and all levels of government—in order to bring about positive change; and

WHEREAS, Recovery International collaborates with government, private, non-profit and faith-based organizations to offer peer-led groups that give individuals the tools they need to lead peaceful and productive lives; and

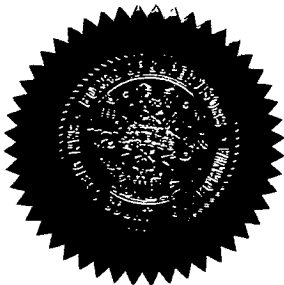
WHEREAS, Recovery International has, for over 80 years, helped bring awareness and reduce the stigma associated with mental illness; and

WHEREAS, the cognitive behavior training method developed by Recovery International Founder, Dr. Abraham A. Low, gives individuals the tools they need to identify and manage negative thoughts, feelings and behaviors that would otherwise lead to emotional distress and related physical symptoms; and

WHEREAS, positive outcomes, in the form of lowered violence levels, were shown in prison areas where the Recovery International method was demonstrated and practiced; and

WHEREAS, Recovery International is committed to further advancing Live Well San Diego into the future, and is embracing strategies of this vision in ways such as conducting community, phone and online meetings that help individuals with nervous and emotional disorders improve their mental health; NOW THEREFORE,

BE IT PROCLAIMED by Chairwoman Dianne Jacob and all members of the San Diego County Board of Supervisors on this 6th day of March 2019 that they commend RECOVERY INTERNATIONAL for its outstanding service, leadership, and commitment to the health and wellness of county residents, and do hereby declare this day to be the "RECOVERY INTERNATIONAL LIVE WELL SAN DIEGO DAY" throughout San Diego County.



Gregory B. Cox
Supervisor 1st District

Dianne Jacob
Supervisor 2nd District

Christopher E. Hunter
Supervisor 3rd District

Nolan W. Knapp
Supervisor 4th District

Judith A. Jones
Supervisor 5th District