

RESOLUTION # 34-16/17

RESOLUTION OF THE GOVERNING BOARD OF THE SAN MARCOS UNIFIED SCHOOL DISTRICT TO BECOME A LIVE WELL SAN DIEGO SCHOOL DISTRICT PARTNER

On the motion of Member McClean, seconded by Member Walton, the following Resolution is adopted by the Governing Board of the San Marcos Unified School District of San Diego County, California ("Board"):

WHEREAS, it is known that poor nutrition, obesity, lack of exercise, tobacco, alcohol and other drugs pose harmful health consequences such as heart disease, diabetes, cancer and respiratory illness that negatively impact the wellbeing of our community and account for the majority of deaths in San Diego County; and

WHEREAS, it is known that bullying, discrimination and violence-related incidents negatively affect the school community environment and a student's ability to learn; and

WHEREAS, on July 13, 2010 the San Diego County Board of Supervisors adopted *Live Well San Diego*, a long term vision serving as the blueprint for achieving healthy, safe and thriving communities; and

WHEREAS, the San Marcos Unified School District recognizes the link between student health and learning and desires to provide a comprehensive coordinated school health program that supports and reinforces physical education, health services, nutrition services, psychological and counseling services, health promotion for staff and a safe and healthy school environment with parent and community involvement; and

WHEREAS, the nutrition standards adopted by the district for all food and beverages available to students and staff, including foods and beverages provided through the district's food service program, student store, vending machines, fundraisers and other venues, meet or exceed state and federal nutrition services requirements; and

WHEREAS, the District has formed a Wellness Committee comprised of staff, parents, and community stakeholders to support the health and wellness of students and families; and

WHEREAS, the District has partnered with the nonprofit organizations, Provision San Diego to provide nutritious food for families in need on weekends throughout the school year; and

WHEREAS, the District employs Registered Credentialed School nurses to oversee the District health policies and procedures, ensure implementation of best practices in schools, be a health resource to parents, and provide access to health care assistance to the community; and

WHEREAS, the District, in partnership with North County Health Services, has implemented a Dental Screening Program offering free dental screening services to all District elementary and middle schools, and an immunization clinic and well child exams; and

WHEREAS, the District recognizes that automated external defibrillators (AED) should be deployed on school campuses to provide protection from the risk of sudden cardiac arrest for all age groups, and has placed AEDs at school sites; and

WHEREAS, the District is committed to providing a safe school and community environment by taking a proactive approach to disaster and safety plans; and

WHEREAS, the District has partnered with the San Marcos Prevention Coalition to foster the prevention of drug and alcohol abuse in our schools and community; and

WHEREAS, the District partners with emergency responders and school sites in the development of disaster and emergency plans, and has partnered with the American Red Cross to provide community care and shelter facilities in the event of a disaster; and

WHEREAS, the District is a participant in the North County Gang Initiative dedicated to promoting and enhancing community safety and welfare; and

WHEREAS, the District supports and engages students in programs that focus on safety and prevention including the California Highway Patrol program's Start Smart (Safe Driving Practices) and Every 14 Minutes (Drunk Driving Prevention) as well as other evidence based tobacco, drug and alcohol prevention curriculum; and

WHEREAS, the District has integrated Positive Behavioral Interventions and Support (PBIS) into the culture of our District through implementation of the nationally recognized Best Behavior, a widely used behavior framework, in addition to Restorative Practices, Safe School Ambassadors and Leader in Me programs that address bullying behaviors and barriers to effective communication; and

WHEREAS, the Board of Trustees has long supported Red Ribbon Week and encourages alcohol, tobacco, and drug prevention activities at each of the District's schools; and

WHEREAS, the District conducts the California Healthy Kids Survey to collect and analyze data related to students' attitudes toward and use of alcohol, tobacco and drugs; and

WHEREAS, in an effort to promote health among our employees, the District offers free flu shots to our employees each fall and a free Health Fair annually. At the fair, employees can have a variety of tests run at no cost to the employee. Some examples of tests that have been done in the past are: blood pressure checks, body fat analysis, cholesterol checks and weight; and

WHEREAS, the District through VEBA, offers a free Wellness program to all employees. This program includes health and fitness challenges as well as healthy lifestyle coaching.


NOW, THEREFORE, BE IT RESOLVED that through these many efforts, the San Marcos Unified School District Board of Trustees supports the adopted Building Better Health, Living Safely, and Thriving Strategies, and joins in the County of San Diego's *Live Well San Diego* vision.

PASSED AND ADOPTED by the Governing Board of the San Marcos Unified School District
San Diego, California, this 14th day of March, 2017, by the following vote:

AYES: Carlson, Lindamood, McClean, Walton
NOES: None
ABSTAIN: None
ABSENT: Graham

STATE OF CALIFORNIA
COUNTY OF SAN DIEGO

I, Melissa Hunt, Interim Secretary of the Governing Board of the San Marcos Unified School District, San Diego County, California, do hereby certify that the foregoing is a true and correct copy of a resolution passed and adopted by said Board at a regularly scheduled and conducted meeting held on said date, which resolution is on file in office of said Board.



Melissa Hunt
Interim Secretary of the Governing Board