

WARNER UNIFIED SCHOOL DISTRICT

Resolution 2015-2016-04 in Support of the County of San Diego

LIVE WELL SAN DIEGO

WHEREAS, is known that three behaviors – poor nutrition, lack of exercise and tobacco use – are the main causes of the four chronic illnesses: cardiovascular disease and stroke, cancer Type 2 diabetes and respiratory conditions, which account for more than half of the deaths in San Diego County residents: and

WHEREAS, the County of San Diego launched the Live Well San Diego Initiative to serve as a blueprint for achieving the vision of healthy safe and thriving communities;

WHEREAS, on July 13, 2010 and October 9, 2012, the San Diego Board of Supervisors adopted the Building Better Health and Living Safely strategies, the first two components of Live Well San Diego encouraging all residents of the county to participate programs to build better health and increase safety as individuals, families and communities; and

WHEREAS, the Governing Board recognizes the link between student health and learning and is committed to providing a comprehensive learning environment that supports and promotes wellness, healthy eating, nutrition education, physical education, and activity for our students; and

WHEREAS, Warner Unified School District provides educational services in a clean, safe and healthy environment conducive to learning for students, staff, and stakeholders. The District has adopted the School-wide Positive Behavior Intervention Support framework to improve school climate and school connectedness to improve educational outcomes for its students. Students receive instruction by highly qualified teachers with instructional materials that are aligned to the California Content standards. School, home and community partnerships will work collaborative with the mutual goal of supporting student learning through improved communication and extended learning opportunities; and

WHEREAS, the Warner Unified School District provide educational services and supports to enhance the physical, social, emotional, healthy, and safe learning environment which includes: a nutrition program that provides scratch meals and a salad bar option to students and staff; a teacher-led student running club where students run laps on the school track for cardiovascular health and fitness; and a gym equipped with stationary bikes, weight machines, free weights and exercise balls to support fitness conditioning for student and staff access. PE classes are taught by a credentialed PE teacher, and PE classes are provided to students in grades K-12. Our newly approved Quality Pre-School Initiative (QPI) program has purchased the Wellness Champions curriculum to help promote healthy habits and fitness in our Early Childhood Education program.

WHEREAS, the School-wide Positive Behavior Intervention Support framework is a positive discipline approach, which has improved school climate through the reduction of disciplinary referrals and suspensions, preventing students from missing school. In addition, using strategies such as restorative justice practices to encourage students to take responsibility for their actions and to make things right with those that they have harmed by their actions. As the Cal-Well lead, a state mental health grant in partnership with SDCOE, staff will receive training in the youth mental health curriculum to help with early identification and intervention strategies to support all Warner students, as well as in the Compassionate Schools Program. Additionally, the

District employs a part-time school psychologist, and contracts with Vista Hill learning to provide counseling services to our students. Safety in an online environment will also be addressed through staff training on a new Digital Citizenship curriculum to help students create a positive online identity and awareness of the dangers of an online environment.

WHEREAS, The District has trained a group of staff members in threat assessment, including in the Crisis Prevention Intervention (CPI) program through our local SELPA. Monthly drills have been conducted to prepare for emergency-preparedness and the District has invested in two communication systems for outreach: Black Board Connect for phone announcements and an app for smart phones for push notifications to inform the community of emergencies. The District also serves as an emergency evacuation center for the community; and

WHEREAS, through the District Wellness Policy and in partnership with VEBA – Voluntary Employee Benefit Association – the Warner Unified School District faculty and staff has access to community health resources, on-site and on-line health educational opportunities, access to the school gym/weight room for fitness conditioning and exercise; and a community park with a track; and

WHEREAS, supporting the health, physical education and wellness needs of the Warner Unified School District by promoting the use of 21st century learning/assessment strategies in order for students to attain and maintain a healthy lifestyle by focusing on helping students develop cognitively, physically and emotionally; and

NOW THEREFORE, it be resolved, that trough theses many efforts, the Warner Unified School District Governing Board supports the Building Better Health and Living Safely strategies and joins the Live Well San Diego Initiative.

PASSED AND ADOPTED, this 11th day of August, 2015 by the Governing Board of the Warner Unified School District by the following vote:

5 AYES

0 NAYS



Katie Ostrander, Clerk

Governing Board

Warner Unified School District