

PROCLAMATION

Presented By Supervisor Ron Roberts

HONORING San Diego City College

WHEREAS, the health and well being of citizens is of primary concern for the County of San Diego; and

WHEREAS, the County of San Diego Health and Human Services Agency (HHS) has prepared the Live Well San Diego Initiative serving as the blueprint for achieving the County's vision of safe, healthy and thriving communities; and

WHEREAS, San Diego City College is committed to supporting the health and wellness of its student body; and

WHEREAS, San Diego City College has demonstrated this commitment through the launching of the STEP UP TO LIVE WELL! campaign, which intends to unite students through awareness and education of a healthy lifestyle; and

WHEREAS, San Diego City College STEP UP TO LIVE WELL! campaign has been adopted as one of the signature activities for the City College Centennial Celebration and will be promoted during the Centennial year, 2014; and

WHEREAS, the STEP UP TO LIVE WELL! campaign proposed fitness promotion activities includes the creation of a one mile walking course that allows for tracking of distance and steps per day, week, and semester; and

WHEREAS, San Diego City College has for seven years promoted fitness among its student body via fitness related activities and workshops during the Annual Fitness Awareness Week; and

WHEREAS, the Live Well City College Committee has proposed the promotion of healthy menu options through the development of signage and nutrition presentations in order to create an environment that promotes health through nutrition; and

WHEREAS, STEP UP TO LIVE WELL! will be officially launched during the 7th Annual Fitness Awareness Week, November 11-16th, 2013, and will include a 2 mile Fun Run/Walk; and

WHEREAS, San Diego City College wholly supports the Live Well San Diego initiative and is committed to upholding the goals of Live Well San Diego that support safe, healthy, and thriving communities; and

*WHEREAS, the County of San Diego is committed to recognizing and honoring entities that support the creation of healthier, safe and more self-sufficient communities; **NOW THEREFORE,***

***BE IT PROCLAIMED** by Supervisor Ron Roberts and all members of the San Diego County Board of Supervisors on this ____ day of November 2013 that they commend and hereby recognize San Diego City College for its work for outstanding service, leadership, and commitment to the health and wellness of its student body and do hereby declare this day to be the **City College Live Well San Diego Day** throughout San Diego County.*