

RESOLUTION NO. 2014-7885

A RESOLUTION OF THE CITY COUNCIL OF THE CITY OF SAN MARCOS, CALIFORNIA, SUPPORTING THE "LIVE WELL SAN DIEGO!" LONG TERM INITIATIVE TO IMPROVE THE HEALTH AND WELL-BEING OF RESIDENTS IN THE REGION OF THE COUNTY OF SAN DIEGO

WHEREAS, the health and well-being of citizens is the primary concern for the County of San Diego and on July 13, 2010 the County of San Diego Board of Supervisors adopted the *Live Well San Diego* initiative to achieve the County's vision of healthy, safe and thriving communities; and

WHEREAS, the "Live Well San Diego" initiative is a common thread that unites cities, businesses, public and private entities, community members and other stakeholders toward a shared vision of healthier, safer and more thriving communities; and

WHEREAS, in 2013 the City Council of the City of San Marcos identified "quality of life" as a strategic goal for the City that aligns with San Marcos' core value of providing a safe community with a high quality of life; and

WHEREAS, San Marcos is committed to enhancing overall community wellness and in alignment with the County's adoption of *Live Well San Diego*, the City has partnered with the County of San Diego Health and Human Services Agency (HHS) on a variety of programs like video interviewing at the San Marcos Senior Center to facilitate health benefits and food assistance enrollment; and

WHEREAS, San Marcos has developed policies in a number of areas in support of community wellness including, but not limited to, the adoption of an updated General Plan that incorporates a mobility element supporting multi-modal transportation to maximize walkability, bikeability and livability; the design of San Marcos Boulevard as a "complete street" with bicyclists, motorists, public transportation vehicles, riders and pedestrians in mind; and the designation of over 60 miles of trails; and

WHEREAS, the City's Community Services division is working diligently to champion the wellness effort by offering monthly organized trail hikes, an intergenerational community garden, instructional classes that encourage active lifestyles for all ages, and opportunities to play a variety of recreational sports; and

WHEREAS, the City supports internal employee wellness through efforts like free health screenings and preventative care, educational seminars, employee assistance programs offered to all staff and their families, and holds an annual employee health fair; and

WHEREAS, the City of San Marcos will collaborate and share information with the County of San Diego in support of the "Live Well San Diego" program.

NOW, THEREFORE, BE IT RESOLVED by the City Council of the City of San Marcos, California that the City Council supports and approves City of San Marcos participation as a partner in the County of San Diego's "Live Well San Diego" program.

PASSED, APPROVED AND ADOPTED by the City Council of the City of San Marcos this 25th day of February 2014, by the following roll call vote:

AYES:	COUNCILMEMBERS:	JABARA, JENKINS, JONES, ORLANDO, DESMOND
NOES:	COUNCILMEMBERS:	NONE
ABSENT:	COUNCILMEMBERS:	NONE



James M. Desmond, Mayor
City of San Marcos

ATTEST:



Phillip Scollick, City Clerk
City of San Marcos