

ALL ABOUT SAN DIEGO

FACTS

Incorporated: 1850

Population: 1.35 million

Area: 342.4 square miles

Adjacent Cities: Del Mar; Lemon Grove; La Mesa; National City; Imperial Beach; Tijuana, Mexico

Mayor: Kevin Faulconer

Website: www.sandiego.gov



LIVE WELL SAN DIEGO ENDEAVORS

- **Promoting Physical Activity** through Youth Sports Program, Free Zumba classes, Partnership with Familias Sanas Y Activas
- **Promoting Healthy Eating** through Summer Lunch Program, LEAN Kids Kaiser Grant, Cooking Classes,
- **Promoting Safety and Wellness** through Portable pool drowning prevention program, community events such as Day of the Child, and Safe Routes to Schools
- **Promoting long-term infrastructure improvements**

COLLABORATIONS

- Kaiser Permanente \$15,000 grant for LEAN Kids
- NRPA \$80,00 grant for Organ Wise after school program
- South Bay Union School District for summer lunch
- CAL AM Water to help teach residents about native gardens
- Feeding America & San Diego Food Bank
- Park & Recreation Councils
- Familias Sanas Y Activas & San Diego Prevention Research Center
- Network for a Healthy California

FUTURE PLANS

- Infrastructure Improvements
- Accessibility and replacement of playgrounds
- Neighborhood Walkability
- Physical Activity and Nutrition Programs

FOR MORE INFORMATION CONTACT:
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