

RESOLUTION NO. 2013 –

RESOLUTION OF THE CITY COUNCIL OF THE CITY OF NATIONAL CITY  
SUPPORTING THE “*LIVE WELL, SAN DIEGO CITY!*” TEN-YEAR  
INITIATIVE TO IMPROVE THE HEALTH OF RESIDENTS  
IN THE REGION OF THE COUNTY OF SAN DIEGO.

WHEREAS, the health and well-being of citizens is the primary concern for the County of San Diego and on July 13, 2010, the County of San Diego Board of Supervisors adopted the “*Live Well, San Diego City!*” (*LWSD!*) initiative to achieve the County’s vision of healthy, safe, and thriving communities; and

WHEREAS, the “*Live Well, San Diego City!*” initiative is a common thread that unites public and private entities, faith-based organizations, agencies, cities, businesses, community members, and other stakeholders together toward a shared vision of healthier, safer and more thriving communities; and

WHEREAS, since the Board’s adoption of the “*Live Well, San Diego City!*” initiative, the County of San Diego Health and Human Services Agency (HHSA) has worked with a variety of communities and organizations, including the City of National City; and

WHEREAS, National City is committed to enhancing access to the bay front and providing recreational opportunities through development of the Marina District, including quality of life facilities such as the proposed Aquatics Center; and

WHEREAS, in 2007, the City of National City implemented Safe Routes to School grants to improve pedestrian safety in the residential streets leading to local elementary schools to improve the health of our children and community; and

WHEREAS, National City is committed to improving accessibility for bicyclists through construction of regional facilities such as the Bayshore Bikeway, and expansion of National City’s local bicycle network; and

WHEREAS, in September 2011, the City of National City provided healthy vending machines in City facilities; and

WHEREAS, in 2012, National City created a Wellness Committee to encourage employees to get more physical activity and eat more nutritious meals; and

WHEREAS, National City is home to Olivewood Gardens and Learning Center whose important mission is to connect and motivate students and families from diverse backgrounds through organic gardening, environmental stewardship, and nutritional education, empowering our residents to be healthy and active; and

WHEREAS, in 2012, National City was recognized as San Diego County’s most walkable city by Walk San Diego; and

WHEREAS, in 2013, National City supported the creation of Butterfly Park, an ongoing effort to restore and expand access to outdoor space that is otherwise considered a blight on the community; and

WHEREAS, on May 7, 2013, National City approved Resolution No. 2013-60 to become a Healthy Eating Active Living City, which encourages cities to embrace policies that promote healthier lifestyles and communities.

NOW, THEREFORE, BE IT RESOLVED, that the City Council of the City of National City is committed to supporting the "*Live Well, San Diego City!*" initiative of the County of San Diego, Health and Human Services Agency, and that in support the City will:

1. Encourage all residents of the City to engage in activities that improve personal, family and community health, safety, and well-being;
2. Encourage all City departments to include the recommendations of the *Live Well, San Diego City!* initiative in all City programs and projects;
3. Ask the Community Services Department to take a leadership role in promoting and implementing recommendations in "*Live Well, San Diego City!*".

PASSED and ADOPTED this 18th day of June, 2013.

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Ron Morrison, Mayor

ATTEST:

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Michael R. Dalla, City Clerk

APPROVED AS TO FORM:

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Claudia Gacitua Silva  
City Attorney