PROCLAMATION

Presented By Vice-Chairwoman Dianne Jacob

HONORING MERIDIAN BAPTIST CHURCH

WHEREAS, the health and well-being of citizens is of primary concern for the County of San Diego and on July 13, 2010, the San Diego County Board of Supervisors adopted the "Live Well, San Diego" initiative to achieve the County's vision of safe, healthy and thriving communities; and

- WHEREAS, since the Board's adoption of the "Live Well, San Diego" initiative, the County of San Diego Health and Human Services Agency (HHSA) has worked with a variety of communities and organizations, including Meridian Baptist Church; and
- WHEREAS, Meridian Baptist Church is changing the culture within by encouraging all members to make healthier choices at church and at home; and
- WHEREAS, Meridian Baptist Church was an early partner of the "Live Well, San Diego, Building Better Health" initiative through participation and health education for the community; and
- WHEREAS, Meridian Baptist Church has officially adopted a Health and Wellness Ministry for the congregation, including a walking prayer group, inclusion of fruits and vegetables on church materials and additional wellness priorities; and
- **WHEREAS**, fourteen countries represent the cultural diversity of the congregation and leadership at Meridian Baptist Church, preparing a church body for every tongue, tribe, and nation; and
- WHEREAS, Senior Pastor Reverend Rolland E. Slade, a native San Diegan, is not only a leader of his church but also a leader in his community, participating in the 2013 County of San Diego, Resident Leadership Academy in El Cajon; and
- WHEREAS, Pastor Slade is touching hearts through the word of God and making hearts and health a priority through the involvement with 100 Congregations for Million Hearts, a national initiative of the U.S. Department of Health and Human Services to prevent 1 million heart attacks and strokes by the year 2017; and
- WHEREAS, Pastor Slade knows what it means to be a steward of one's body and life, providing a positive healthy example through organizational improvements and personal lifestyle changes resulting in a weight loss of more than 80 pounds; and
- WHEREAS, the congregation of Meridian Baptist Church has embraced the "Live Well, San Diego" principles by changing their lifestyles through healthy eating practices and increased physical activity; and
- WHEREAS, the County of San Diego is committed to recognizing and honoring establishments that support the creation of healthier lifestyles; NOW THEREFORE,
- **BE IT PROCLAIMED** by Chairman Greg Cox and all members of the San Diego County Board of Supervisors on this 22nd day of September 2013 that they commend and hereby recognize **MERIDIAN BAPTIST CHURCH** for its outstanding service, leadership, and commitment to the health and safety of their congregation, and do hereby declare this day to be the "**MERIDIAN BAPTIST CHURCH 'LIVE WELL, SAN DIEGO' DAY"** throughout San Diego County.